JENNIFER LOVE HEWITT EXCLUSIVE

18 LBS IN TEN WEEKS!

Her exact diet and workout plan

Results in just two weeks

Headed for BREAKUP

What went wrong

EDWARDS SCANDAL

Inside his wife’s pain

The dangerous other woman

BEFORE

Rude & mean comments? ‘That’s not why I wanted to change’
A-list Bad Manners
Sure, they're rich and famous, but they still make faux pas in public.

Picking Their Teeth After Meals!
"Your finger is not a substitute for a toothbrush!" etiquette expert Melissa Leonard tells Us of David Faustino.

Digging Out Wedgies!
"Slip into a private place and pick away at the offending garment!" Leonard advises Jeremy Piven.

Checking Messages at the Table!
"Hand always over the mouth!" Leonard tsk-tsk's about a yawning Hilary Duff.

"This is a no-no in all areas," Leonard says of Katherine Heigl using the phone while lunching with mom Nancy.

"You don't want to look like you're devouring a small mammal," she says of George Clooney.